



REQUIRED DOCUMENT
This document must be signed and returned
before a student athlete can participate.

TRABUCO HILLS HS BOYS LACROSSE Attendance Policy 2024/25

IF YOU'RE NOT EARLY, YOU'RE LATE.

You should always arrive AT THE FIELD at least 15 minutes prior to the start of practice so you can be dressed and ready when it starts.

If a player is late for practice one time without a formal excuse he will be suspended for the first quarter of the next game. If a player is late twice without a formal excuse he will be suspended for the first half of the next game. If a player is late three times in the same week he will be suspended for the next game. If a player is late more than three times he may be suspended for the year.

WHY?

If we are going to be successful we can't afford to waste time

By being late you are disrespecting your coaches and teammates. It's not fair that they invest the time to get better when you're not willing to do the same. If you make the commitment to yourself and others to be on time, it will serve you well the rest of your life as you will be perceived as a reliable, respectful person.

WHAT IS A FORMAL EXCUSE FOR BEING LATE OR MISSING A PRACTICE

The player must provide a signed note from a doctor, trainer, teacher or parent at least 24 hours prior to practice (that includes I phone number), explaining the reason for being late or absent. If a player is injured he must see the trainer immediately after school for treatment/advise. If practice is not recommended a note must be provided by the trainer.

GAME DAY

Players are required to be at the game field 1 hour prior to home games and 1 1/2 hours prior to away games (see dismissal time schedule). Pre-game starts 45min prior to the start of the game. Any player not ready for warm ups at that time will not be permitted to play the first quarter.

Student Athlete (player) Name

Parent or Guardian Name

Student Athlete (player) Signature

Parent or Guardian Signature