## **Athletic Clearance Instructions**

- 1.) Go to AthleticClearance.com
- 2.) Register / Create an account under <a href="2024-2025">2024-2025</a> school year (if you have an existing account- log in and update to <a href="2024-2025">2024-2025</a>. Update any new information and upload a current medical eligibility form)
- 3.) Print off medical eligibility paper work (THHS Website/Athletics/Athletic Clearance)
- 4.) Upload the medical eligibility form completed by physician.
- 5.) MUST be signed, stamped, dated, and have a recommendation by physician (only need to upload the last page- see sample form below)

